

SRL 2140 Scientific Principles of Human Movement (3,3,0) (E)

Prerequisite: CS 2206 Scientific Foundations to Human Movement or equivalent

This course provides an advanced understanding of the scientific principles underlying human movement and exceptional performances. Areas such as the essential human systems involved in producing movement and physiological responses to exercise, particularly in the elderly, persons with physical disabilities, persons with intellectual disabilities, persons with degenerative neurological conditions, and persons with special health problems would be examined.

SRL 2150 Recreation Leadership (3,3,0) (E)

Prerequisite: CS 2196 Introduction to Leisure, Sport and Recreation or equivalent

This course examines current leadership theories and their applications to being leaders in sport and recreation settings. Essential qualities and skills expected of sport and recreation leaders will be discussed, explored, and applied to provision of sport and recreation to persons with special needs and to the mainstream population.

SRL 2160 Recreation Programming and Programme Evaluation (3,3,0) (E)

Prerequisite: CS 2196 Introduction to Leisure, Sport and Recreation or equivalent

This course aims to equip students with knowledge related to the planning, implementation and evaluation of recreation programmes. Recreation programming concerns, including the legal and political aspects of programme provision, for persons with special needs and the mainstream population will be addressed.

SRL 2170 Communication for Sport and Recreation Leaders (3,3,0) (E)

This course aims to provide students with a general background of current communication theories related to public communication and interpersonal communication. A focus will be placed on the use of written communication skills (writing speeches, grant proposals, newsletters columns, and press release) within sport and recreation settings.

SRL 2180 Internship I (2,0,2) (C)

This course requires students to work for an accumulation of at least 200 hours during their second year of study on a part-time basis under the supervision of a faculty supervisor and the agency supervisor(s). They will be expected to observe the agency at work and assist in planning and leading activities. A diversity of experiences (working with mainstream population and with persons with special needs) is preferred.

SRL 2620 Planning and Leading Inclusive Games and Activities (2,1,1) (tbc)

This course aims to provide students with knowledge related to designing, planning, and leading a variety of games and activities for persons with special needs. Students will be provided with opportunities to apply knowledge to practical situations.

SRL 2630 Prevention and Care of Sport Injuries (3,3,0) (E)

Prerequisite: CS 2206 Scientific Foundations to Human Movement or equivalent

This course aims to help students understand the basic etiology and mechanisms of sport injury, the indications and contraindications of treatments related to specific injury trauma. Concerns related to the prevention and care of common injuries among persons with special needs will also be addressed. Students will also be provided with opportunities to demonstrate skills of proper handling of acute sport injuries.

SRL 2640 Planning and Leading Rhythmic Activities (3,2,1) (C)

This course aims to provide students with the basic knowledge related to designing, planning, and leading a variety of rhythmic activities for persons with special needs. Students will be provided with opportunities to apply knowledge to practical situations.

SRL 3110 Leisure Education (3,3,0) (E)

This course aims to provide students with an overview of leisure education including its philosophy and implementation strategies. Students will be provided with an opportunity to explore and discuss approaches and strategies that can be utilized to provide leisure education programmes in school and community settings while taking into account cultural diversities, attitudes towards persons with special needs, and the psychodynamics of marginalized populations.

SRL 3120 Outdoor Recreation and Adventure Education Programming (3,3,0) (E)

This course aims to provide students with an understanding of the nature of outdoor recreation and adventure education and to acquire the essential knowledge and skills to plan and lead outdoor recreation and adventure education programmes for persons with special needs and for the mainstream population.

SRL 3130 Marketing in Sport and Recreation (3,3,0) (E)

This course aims to provide students with the basic knowledge of marketing theories and an understanding of the differences between service and merchandise marketing. The role and strategies of marketing in sport and recreation will also be discussed.

SRL 3140 Design and Management of Sport and Recreation Facilities (3,3,0) (E)

This course aims to provide students with an overview of different types of sport and recreation facilities and the management of such facilities. Special attention would be directed towards the understanding of accessibility as applied to facility designs.

SRL 3150 Financial and Human Resources Management in Sport and Recreation (3,3,0) (E)

This course equips students with basic knowledge of management theories, concepts and skills with a focus on financial management and human resources management. The practical applications of these theories, concepts and skills to recreation settings will be provided.

SRL 3160 Sport and Recreation for Persons with Physical and Intellectual Disabilities (3,3,0) (E)

This course provides students with knowledge on the opportunities for sport and recreation for persons with physical and intellectual disabilities. Focus will be place on the international and local organizations responsible for providing sport and recreation programmes for these populations. Current issues such as equal opportunity, attitudes, and legal and politics related to competitive sport for persons with physical and intellectual disabilities will also be explored.

SRL 3170 Health Fitness Assessment and Exercise Prescription (3,2,1) (E)

Prerequisite: CS 2216 Tests and Measurement in Sport and Recreation or equivalent

This course aims to provide students with a thorough understanding of health fitness assessment and exercise prescription. Students will be have hands-on experiences in making assessments in laboratory and field settings on persons with special needs and acquire ability to interpret results and prescribe appropriate health fitness programmes.

SRL 3180 Internship II (3,0,3) (C)

Prerequisite: SRL 2180 Internship I

This course requires students to work for at least 300 hours under the supervision of a faculty supervisor and the agency supervisor.